



Mood Disorders
ASSOCIATION OF MANITOBA

*Helping people
help themselves*

SHOPPERS LOVE. YOU. Women's Group Speaker Series, May - June, 2018

May 31	Open Support & Share
June 7	Inspirational Rock Painting with Paula
June 14	Mindfulness with Marjolaine
June 21	An Advocates Journey, Shandi Strong
June 28	Tips, Tricks & Reducing Tension, Kristy Coreau
July 5	Open Support and Share
July 12	Self-Love and Recovery, Natalie Reimer Anderson

*Please not schedule may be subject to change