



**Mood Disorders**  
ASSOCIATION OF MANITOBA

*Helping people  
help themselves*

100– 4 Fort Street Winnipeg, MB. R3C 1C4 Phone: 204.786.0987 Toll Free: 1.800.263.1460 www.mooddordersmanitoba.ca

### ***Monthly Support Group Schedule 2017 – 2018***

<p><b><u>Selkirk</u></b> (3<sup>rd</sup> Tues/each month)</p> <p><b>Provincial Building</b> <b>446 Main Street</b> 2<sup>nd</sup> Floor</p> <p>IERHA Meeting Room <b>6:00pm – 8:00pm</b></p>	<p><b><u>Gimli</u></b> <b>(3<sup>rd</sup> Wed/each month)</b></p> <p><b>Gimli Community Health Center</b></p> <p><b>Multipurpose Room A</b> <b>6:00 pm – 8:00 pm</b></p>	<p><b><u>Stonewall</u></b> (3<sup>rd</sup> Thurs/each month)</p> <p><b>Stonewall &amp; District Health Center</b></p> <p>Conference Room <b>7:00 pm – 9:00 pm</b></p>
September 19, 2017	September 20, 2017	September 21, 2017
October 17, 2017	October 18, 2017	October 19, 2017
November 21, 2017	November 15, 2017	November 16, 2017
December 19, 2017	December 20, 2017	December 21, 2017
January 16, 2018	January 17, 2018	January 18, 2018
February 20, 2018	February 21, 2018	February 15, 2018
March 20, 2018	March 21, 2018	March 15, 2018
April 17, 2018	April 18, 2018	April 19, 2018
May 15, 2018	May 16, 2018	May 17, 2018
June 19, 2018	June 20, 2018	June 21, 2018

**\*Date, time and room change**

**Please Note:**

- Schedule may change without notice due to circumstances beyond the facilitator’s control such as inclement weather or illness. Please call to ensure groups will be meeting at scheduled times.
- Depending on the number of individuals attending, groups may not use the entire allotted time.
- All groups begin promptly at the scheduled start time.
- If this is your first time attending a support group, please contact Shelley to ensure groups will be meeting at scheduled times prior to attending. This will prevent any disappointment should a group happen to have been cancelled or rescheduled.

***For more information or confidential support, please contact:***

Shelley Flitcroft  
Outreach Manager, Interlake Region  
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